



Heartstrings
Community Foundation



**2019 Team Heartstrings
Volunteer!**

Heartstrings Community Foundation (HCF®) invites you and your friends/family/co-workers to be a part of a dynamic fundraising team. As a “Team Heartstrings” member you will make a commitment to raise funds for HCF® and participate in Kansas City’s oldest race, the Hospital Hill Run. The run consists of three events, the 5k, 10k, and Half Marathon.

All the races take place on Saturday, June 1 @ 7:00 a.m.

****Running not your thing? Volunteer with us!****

We need volunteers on race day to provide runner support at our VIP tent and race support at the finish line.

VIP tent 6am – 11am

Finish line shift: 6:30am – 9:30am

Sign up Today!

Register online by emailing Daphne at [dreitz@heartstringscf.org](mailto:dreiz@heartstringscf.org) or call us at 913.649.5700